



CHO OYU ITINERARY

- Day 1-2 fly to Kathmandu (Fly 23rd - arrive 24th August)
- Day 3 Final preparations in Kathmandu and sightseeing
- Day 4 Fly to Lhasa in Tibet
- Day 5-6 sight seeing and acclimatising in Lhasa (3600m)
- Day 7-9 Travel to lower/Chinese basecamp (^5000m) by jeep.
- Day 10-11 Acclimatisation hike and any kit sorting that is necessary for the trek to BC.
- Day 12-13 trek to Base Camp (5600m).
- Day 14-37 Climb Cho Oyu
- Day 38-39 Return to Kathmandu (by foot and jeep).
- Day 40 Relaxing in Kathmandu
- Day 41 Fly Home on Friday 3rd October (arrive in the UK on Saturday 4th)

This Itinerary gives an outline of the planned schedule for the expedition with built in contingency in case of lost baggage on arrival at Kathmandu, and in case of adverse travelling conditions on our return from basecamp. It also allows gradual acclimatisation on the way up to basecamp. The exact itinerary may change due to factors beyond our control, or to suit the team as a whole. In particular, during the approach, we will endeavor to make progress whilst making sure climbers are acclimatising properly.

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